CURRICULUM

OF

POST BASIC DIPLOMA IN EMERGENCY AND DISASTER NURSING

Prepared in March 2015

MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI Post Basic Diploma in Emergency and Disaster Nursing

PHILOSOPHY OF THE PROGRAM

The College of nursing is a constituent unit of MGM Institute of Health Sciences (MGMIHS) Navi Mumbai. The philosophy of college of nursing is consistent with the philosophy of MGMIHS and Indian Nursing Council.

We believe that

- registered nurses need to be trained in Cardio-Thoracic Nursing in clinical settings in order to provide competent care to critically ill patients.
- registered nurses need to be prepared as per the expanding roles of nurses and advances in technology for effective participation in cardio-thoracic care.

PURPOSE

The purpose of the course is to train nurses to:

- 1. Provides quality care to patients with cardio thoracic disorders.
- 2. Manage and supervise care of patients with cardio thoracic disorders.
- 3. Teach nurses, allied health professionals and family members in areas related to cardio thoracic nursing.
- 4. Conducts research in areas of cardio thoracic nursing.

COURSE DESCRIPTION

The course is designed to prepare registered nurses (GNM or B.Sc.) with specialized knowledge, skills and attitude in providing advance quality care to patients with cardio thoracic problems and their families.

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GENERAL OBJECTIVE

At the end of the course the student will be able to develop an understanding of philosophy, principles, methods and issues, management, education and research in emergency and disaster nursing. Furthermore, this course will enable them to develop skills and attitude in providing competent emergency and disaster nursing care.

SPECIFIC OBJECTIVES

At the end of the course the student will be able to

- 1. Describe the concepts and principles of emergency and disaster nursing.
- 2. Describe physiological, pathological and psychosocial aspects of conditions requiring emergency care.
- 3. Describe various types of disasters and their effects.
- 4. Perform advance cardiac life support skills.
- 5. Make a plan for organization of emergency units including triage and ambulance service.
- 6. Apply nursing process in caring of patients receiving emergency care.
- 7. Organize and demonstrate nursing skills in disaster management.
- 8. Teach and supervise nurses and allied health workers.

ADMISSION TERMS AND CONDITIONS

The student seeking admission to this course should:

- 1. Be a registered nurse (R.N. &R.M.) or equivalent.
- 2. Possess a minimum of one year experience as a staff nurse.
- 3. Nurses from other countries must obtain an equivalence certificate from INC before admission.
- 4. Be physically fit.
- 5. No. of seats
 - Hospital which is having 250 500 beds (8-10 ICU beds) no. of seats = 5 -10
 - Hospital which is having 500 beds (20 or more ICU beds) no. of seats = 10 20

Post Basic Diploma in Emergency and Disaster Nursing

DURATION

Course Duration	=	1 Year
Teaching: Theory & clinical Practice	=	42 weeks
Internship	=	4 week
Examination (including preparatory leave)	=	2 weeks
Vacation	=	2 weeks
Public Holidays	=	2 weeks
	-	

52 weeks

COURSE OF INSTRUCTIONS

Sl.	Subject	Theory	Practical
No.		(in hrs)	(in hrs)
1.	Clinical Nursing – I (Inclusive of Foundation Courses)	155	
2.	Clinical Nursing - II	155	1200
3.	Supervision and Management, Clinical Teaching, Elementary Research and Statistics	-	1280 (Integrated
	i.) Supervision and Management	30	clinical practice)
	ii.) Clinical Teaching	30	
	iii.) Elementary Research and Statistics	30	
4.	Internship		160
	Total hours	400	1440
	Total hours = 1840 hrs		

MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI Post Basic Diploma in Emergency and Disaster Nursing

HOURS DISTRIBUTION FOR THEORY AND PRACTICE

•	Available hours	= 42 weeks x	40 hours/ week	=	1680 hours
•	Block Classes	= 4 weeks x	40 hours/ week	=	160 hours
•	Integrated theory & clinical practice	= 38 weeks x	40 hours/ week	=	1520 hours
	Theory hours	= 38 weeks x	6 hours/ week	=	240 hours
	Clinical Experience	= 38 weeks x	34 hours/ week	=	1280 hours
•	Internship	= 4 weeks x	40 hours/ week	=	160 hours

SCHEME OF EXAMINATION

Subject	Duration Hours	Internal assessment	External examination	Total marks
		marks	marks	
A. Theory				
Paper I- Clinical Nursing I	3	25	75	100
Paper II- Clinical Nursing II	3	25	75	100
Paper III - Supervision and	3	25	75	100
Management, Clinical Teaching,				
Elementary Research and Statistics				
B. Practical				
Clinical Nursing (teaching &		100	100	200
supervision to be Integrated)				
Grand Total		175	325	500

GENERAL RULES FOR UNIVERSITY YEARLY EXAMINATION

A. Condition for admission to Examination

- 1. The student has attended not less than 75 % of the theoretical instruction hours in each subject during the year.
- The student has done not less than 75 % of the clinical practical hours. However, students should make up 100% of attendance in term of hours and activities before awarding the certificate.

B. Examination Body

3. The examination to be conducted by the State Nursing Registration Council / State Nursing Examination Board/ **University recognized** by the Indian Nursing Council.

C. Standard of Passing

- 4. In order to pass a candidate should obtain at least 50% marks separately in internal and external examination in each of the theory and practical papers.
- 5. Grades are as follows
 - a) Second division = Less than 60%
 - b) First division = 60 % and above and below 75%
 - c) Distinction = 75 % and above
- 6. Students will be given opportunity of maximum of 3 attempts for passing.

CERTIFICATION

- 1. TITLE Post Basic Diploma In Emergency And Disaster Nursing.
- 2. A diploma is awarded upon successful completion of the prescribed study programme which will state that
 - a) Candidate has completed the prescribed course of Emergency & Disaster Nursing.
 - b) Candidate has completed prescribed clinical experience.
 - c) Candidate has passed the prescribed examination.

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CLINICAL NURSING –I (Including Foundation Courses)

Theory = 155 hours

Course Description: This course is designed to develop an understanding of the principles of elated biological and behavioral sciences, and emergency nursing including medical and surgical emergencies.

Objectives: At the end of the course the student will be able to :

- 1. Describe the concepts and principles of behavioral and biological sciences as applied to emergency nursing.
- 2. Describe the concepts and principles of emergency nursing.
- 3. Perform Advanced Cardiac Life support.
- 4. Describe Triage and the role of Nurse.
- 5. Describe Nursing process pertaining to medical and surgical emergencies.

Unit	Hours	Theory	Hours	Practical
Ι	09	Psychology	01	Role play on
		Review		Counselling of
		□ Individual differences		patient or relatives.
		□ Learning, Motivation, attention and perception.		Telatives.
		□ Emotions		
		□ Human behavior and needs in emergency and		
		disaster		
		□ Stress and coping in emergency situations		
		□ Attitudes and humanizing care.		
II	10	Sociology		
		Review		
		□ Social organization and community resources		
		□ Leadership roles in community		
		□ Health-illness continuum in society		
		□ Effects of emergency and disaster on individual,		
		family, community and society		
		□ Role of individual, family, community and		
		society during emergency and disaster		

Unit	Hours	Theory	Hours	Practical
III	06	Microbiology	04	Visit to CSSD
		Review		
		□ Immunity		
		Epidemiology of common communicable		
		diseases		
		 Principles of asepsis, sterilization and disinfection 		
		Diagnostic tests in Microbiology and related		
		nurses responsibility		
		□ Standard safety measures and biomedical waste		
		management		
IV	20	Applied Anatomy and Physiology		
		Review		
		Neurological system		
		Respiratory system		
		□ Cardiovascular system		
		□ Gastro-Intestinal system		
		Endocrine system		
		□ Musculoskeletal system		
		□ Genitourinary system		
		Reproductive system		
		Sensory organs		
V	9	Pharmacology	1	Drug
		Review		calculation
		Pharmacokinetics		Operating
		Drug reaction and toxicity		syringe pump,
		Drugs used in emergency		infusion pump
		□ Anesthetic agents		
		 Analgesics / Anti inflammatory agents Antibiotics 		
		AntibioticsAntiseptics		
		Inotropic		
		 Antihypertensive 		
		 Antianginals 		
		 Antiaarythmics Antiaagulanta 		
		 Anticoagulants 		

Unit	Hours	Theory	Hours	Practical
		 Thrombolytic Antiplatelets Haemostatic / antihemmorhagic Antiepileptic Bronchodilators Antihistaminic, anti-allergy, Antidotes Potassium chloride, calcium gluconate, sodabicab Sedatives, muscle relaxant Principles of drug administration, role of nurses and care of drugs 		
VI	10	 Introduction to Emergency and Disaster Nursing Definition, concepts and principles of emergency and disaster nursing Organization of resources(men, material and facilities)- Ambulance, training of volunteers Legal requirements of Ambulance Nursing process Emergency unit 		Visit to trauma Center
VII	3	Concept of Emergency Care Introduction Triage Concepts of triage Role of triage nurse Triage skills	02	Demonstrate triage
VIII	15	 Emergency Management Basic life support (BLS) Advanced Cardiac Life support (ACLS) Defibrillation, monitoring, O₂ Therapy, endotracheal intubation, Care of patient on ventilators, pace maker and tracheostomy Fluid and electrolyte and acid-base balance Pain: assessment and management Regulation of body temperature Unconsciousness Death and Dying 	10	Demonstration of BLS - ACLS - Defibrillation - O ₂ Therapy - endotracheal intubation - Care of patient on Ventilator - Pacemakers - Tracheostomy
IX	10	 Communication Skills and IPR Guidance and Counseling 		

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Unit	Hours	Theory	Hours	Practical
Х	35	Medical Emergencies		
		Application of nursing process pertaining to care of		
		patients with		
		□ Fluid, electrolyte and acid base imbalances		
		□ Endocrine emergencies		
		□ Respiratory emergencies		
		□ Cardiovascular emergencies		
		Poisoning bites and stings		
		□ Thermo regulatory emergencies		
		Neurological emergencies		
		□ Gastro-Intestinal emergencies		
		□ Genitourinary emergencies		
		□ Shock and Hemorrhage		
		□ Drowning		
		□ Food Poisoning		
XI	10	Surgical Emergencies:		
		Gastrointestinal emergencies		
		□ Intestinal obstruction		
		□ Peritonitis		
		□ Appendicitis, burst abdomen and acute abdomen		

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Pharmacology

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Emergency Nursing

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- 2. Brunner and Suddarth Test book of Medical surgical nursing.
- 3. Lewis, Heitkemper & Dirksen Medical Surgical Nursing Assessment and Management of Clinical Problem. Mosby.
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- 8. Davis Suresh. Textbook of Emergency Medicine
- 9. Dolan Brian. Accident and Injuries

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SCHEME OF EXAMINATION

Sr. No	Theory Exam	Marks allotted	Duration in hours
1	Internal Assessment	25	-
2	External Assessment	75	3
	Total	100	

INTERNAL ASSESSMENT

(25 MARKS)

Sr No	Item	Marks allotted	Weightage (%)	Marks out of 25
1.	First term Exam	50	20	5.0
2.	Pre-final Exam	75	30	7.5
3.	Assignments			
	a) Seminar	25	10	2.5
	b) Journal- Interventions, instruments, machines.	25	20	5.0
	c) Drug book	25	10	2.5
4.	Attendance		10	2.5
	Total	200	100	25

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CLINICAL NURSING – II

Theory = 155Hours

Description: This course is designed to develop an understanding of the principles of nursing management during severe trauma, maternal and child health , other emergencies and disaster.

Objectives:

At the end of the course the student will be able to:

- 1. Define the concepts of Trauma care.
- 2. Perform early management of severe trauma.
- 3. Describe injuries of different body systems.
- 4. Describe nursing process pertaining to Obstetrical, Gynecological and pediatric emergencies.
- 5. Describe nursing process pertaining to behavioral emergencies.
- 6. Describe Management of mass-disaster victims.

Unit	Hours	Theory	Hrs	Practical
I	40 40	 Theory Early management of trauma: Concepts in trauma care, Biomechanics of injury, Trauma prevention, Road safety Initial assessment and early management of trauma Management of: Road traffic accidents Traumatic shock Pain Cranio Facial injuries Musculoskeletal and spinal injuries Cardio thoracic injuries Abdominal injuries Injuries during pregnancy Burns Role of Nurse Post-trauma rehabilitation 	Hrs 20	PracticalAirway management- Application of oropharyngeal airway- Care of tracheostomy- Conduct Endotracheal intubationCardiac monitoringCPRGastric lavageSetting ventilatorsIV cannulationEGCAdministration of emergency drugsApplication of splintsCare of tractionBlood administration

Unit	Hours	Theory	Hrs	Practical
II	10	Obstetrical and Gynecological emergencies	5	Per abdominal palpation
		 Obstetrical emergencies: Ist Trimester emergencies: Ectopic pregnancy, Abortions Antepartum hemorrhage, placenta previa, preeclampsia and eclampsia, ruptured uterus Postpartum emergencies: Post partum hemorrhage Obstetric shock Gynecological emergencies: Ovarian cyst/abscess Pelvic inflammatory disease Gynecological trauma Sexual assault Vaginal bleeding Role of nurse 		Per vaginal examination of cervix. Assessment of sexual assault patient.
III	30	Pediatric emergencies Medical and Surgical Emergencies Respiratory system Cardiovascular system Neurological system Gastro intestinal system Infectious disease emergencies Skin lesions and Burns Poisoning, Foreign bodies, drowning Accidents Shocks Child Abuse and sexual assault Role of Nurse	10	Pediatric procedures -Assessment - monitoring of vital signs -Oxygen therapy -Injections - IV cannulation _ Blood collection
IV	15	Behavioural Emergencies: Suicide Homicide Substance abuse-alcohol, drugs		

Unit	Hours	Theory	Hours	Practical
		Panic attack		
		□ Acute Depression		
		□ Sexual assault		
		□ Post traumatic stress disorder (PTSD)		
		□ Role of Nurse		
V	25	Mass disaster management		Disaster Drill
		□ Introduction		
		□ Concepts and principles of disaster		
		□ Types of Disaster		
		 Natural : Epidemics, Earthquake, 		
		Tsunami, flood, cyclone, landslides, fire		
		etc		
		 Man Made Disasters: Terrorism Based 		
		Nuclear, Biological and chemical warfare		
		Disaster Management:		
		Pre hospital		
		Hospital		
		Community		
		Disaster Drill- Preparedness		
		Disaster Education		
		• Role of a Nurse in organizing and		
		coordinating outreach services.		
		• Role of Nurse		

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SCHEME OF EXAMINATION

Sr. No	Theory Exam	Marks allotted	Duration in hours
1	Internal Assessment	25	-
2	External Assessment	75	3
	Total	100	

INTERNAL ASSESSMENT

(25 MARKS)

Sr. No	Item	Marks allotted	Weightage (%)	Marks out of 25
1.	First term Exam	50	20	5
2.	Pre-final Exam	75	30	7.5
3.	Assignments			
	a) Seminar	25	10	2.5
	b) Journal – Management of various emergencies	25	20	5
	c) Journal- Disaster management	25	10	2.5
4.	Attendance		10	2.5
	Total	200	100	25

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SUPERVISION AND MANAGEMENT, CLINICAL TEACHING, ELEMENTARY RESEARCH AND STATISTICS

Total Hours: 90

Description: This course is designed to develop an understanding of the principles of supervision and management, clinical teaching and research.

Objectives:

At the end of the course the student will be able to :

- 1. Describe Professional trends.
- 2. Describe role of nurse in management and supervision of nursing personnel in emergency and disaster situations.
- 3. Teach nurses and allies health workers about emergency and disaster nursing.
- 4. Describe research process and perform basic statistical tests.
- 5. Plan and conduct research in emergency and disaster nursing.

- 30 Hours

Unit	Hours	Theory	Hours	Practical
Ι	15	Supervision and Management	5	Visit to Ideal
		□ Management		Ambulance
		 Definition and principles 		
		 Elements of management of emergency unit:- 		Preparation of
		Planning, Organizing, Staffing, Reporting,		- SOPs
		Recording and Budgeting		- Performanc
		□ Unit management:- Time, material and personnel,		e appraisal
		Layout and design of an Ideal unit, Planning Based		tool
		on Patient Classification		
		□ Institutional disaster management plan		
		□ Ambulance services		
		 Planning of Ambulance Service 		
		 Planning Men and Material for Ambulance 		
		 An Ideal Ambulance 		

Unit	Hours	Theory	Hours	Practical
		 Clinical Supervision Introduction. Definition and objectives of supervision Principles and Functions of supervision Qualities of supervisors Responsibilities of clinical supervisors Practice Standards of emergency units Policies and Procedures Establishing Standing orders and Protocols Orientation programme for new recruits Quality Assurance Programme in emergency units Nursing Audits ISO, NABH, JCI accreditation Performance Appraisal Principles of performance evaluation Tools of performance appraisal Checklists Self appraisals Staff Development Introduction In-service education 		
Π	5	 Professional trends Introduction Code of Ethics, code of professional conduct and practice standards of Nursing in India Ethical issues in emergency care Expanding role of the nurse: Specialist nurse, Nurse Practitioner etc Professional organizations 		

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Unit	Hours	Theory	Hours	Practical
III	5	Medico-Legal aspects		
		□ Legislations and regulations to emergency care		
		□ Consumer Protection Act (CPA)		
		Negligence and Malpractice		
		□ Legal responsibilities of nurses in emergency		
		management		
		 Case studies of judgment with regard to 		
		negligence of services of in the hospital		
		□ Medico legal aspects		
		□ Records and Reports		
		□ Role of the nurse in Legal issues		

Section B: Clinical Teaching

30 hrs

Unit	Hrs	Theory	Hrs	Practical
IV	20	Teaching Learning Process	10	Preparing
		□ Introduction and concepts		lesson plans
		Principles of teaching and learning		
		□ Formulation of learning objective		Conducting
		□ Lesson planning		clinical
		□ Teaching methods		teaching (3)
		 Lecture 		using various
		 Demonstration, simulation 		teaching
		 Discussion 		methods.
		 Clinical teaching methods 		
		 Microteaching 		
		 Self learning 		
		□ Evaluation- Assessment of students		
		 Purposes 		
		 Types 		
		 Steps 		
		 Tools for assessing knowledge, skill and attitude 		
		Use of media in teaching learning process		

Section- C Elementary research and Statistics		-30 Hours		
Unit	Hrs	Theory	Hrs	Practical
V	18	Research Research and research process Types of Research Research problem /question	2	Presentation of research proposal
		 Review of Literature Research approaches and designs Sampling Data collection: tools and techniques Analysis and interpretation of data Communication and utilization of Research Research priorities in cardio thoracic 		
	7	Statistics Sources and presentation of data Qualitative and quantitative Tabulation, frequency distribution, percentiles Graphical presentation Measures of central tendency: Mean, Median, Mode Measures of Variance Normal probability and tests of significance Co-efficient of correlation Statistical packages and its application Preparing a research proposal Application of Computers.	3	Computer application – practicals • MS word • MS Excel • MS PPT

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- **4.** DorothyYB & Marie TH, Fundamentals of research in Nursing, Jones & Bartlett Publishers, Boston.
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SCHEME OF EXAMINATION

Sr. No	Theory Exam	Marks allotted	Duration in hours
1	Internal Assessment	25	-
2	External Assessment	75	3
	Total	100	

INTERNAL ASSESSMENT

(25 MARKS)

Sr.	Item	Marks	Weightage	Marks
No		allotted	(%)	out of 25
1.	First term Exam	50	20	5
2.	Pre-final Exam	75	30	7.5
3.	Assignments			
	a) Ward management report	25	10	2.5
	b) Clinical teaching (3)	150	10	2.5
	c) Research project	100	20	5.0
4.	Attendance		10	2.5
	Total	400	100	25

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CLINICAL HOURS AND AREA DISTRIBUTION TOTAL CLINICAL HOURS ALLOTED

SR.	AREA	WEEKS	HOURS
NO.			
1	Casualty – adult	6	204
2	Casualty – Pediatric	4	136
3	Casualty – Obstetric	4	136
4	Trauma Centre	4	136
5	Burns centre	2	68
6	MICU	4	136
7	SICU	4	136
8	NICU	4	136
9	PICU	4	136
10	Neuro ICU	2	68
	TOTAL	38 weeks	1520
	Internship*	4 weeks	160

*Two weeks evening and two weeks night (40 hrs per week)

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SCHEME OF EXAMINATION (Practical)

Sr. No	Theory Exam	Marks allotted
1	Internal Assessment	100
2	External Assessment	100
	Total	200

MARKS DISTRIBUTION OF THE ASSIGNMENTS

Sr. No	Item	Marks allotted	Weighta ge (%)	Marks out of 100
1.	First term Exam	50	10	10
2.	Pre-final Exam	100	30	30
3.	Assignments			
	a) Clinical Evaluation (MICU, SICU, Casualty, NICU)	400	10	10
	b) Case studies (5)	250	10	10
	c) Case Presentations (5)	250	10	10
	d) Observation report	50	5	10
	e) Nursing Care Plan	50	5	5
	f) Health Teaching (5)	125	10	5
4.	Attendance		10	10
	Total	1275	100	100

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ESSENTIAL EMERGENCY NURSING SKILLS

I. Procedures to be observed

- 1. CT scan
- 2. MRI
- 3. Trauma X-ray
- 4. Any other

II. Procedures to be assisted

- 1. Advanced Cardiac life support
- 2. Thoracentesis
- 3. Paracentesis
- 4. Lumbar Puncture
- 5. Arterial Blood Gas
- 6. ECG Recording
- 7. Cast application
- 8. Blood transfusion
- 9. IV cannulation open method
- 10. Chest tube insertion
- 11. Endotracheal intubation
- 12. Defibrillation
- 13. Ventilation
- 14. Tracheostomy
- 15. CVP monitoring

III. Procedures to be performed

- 1. Airway management
 - a) Application of Oro Pharyngeal Airway
 - b) Care of Tracheostomy

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- c) Conduct Endotracheal Intubation
- 2. Cardiac Monitoring
- 3. Cardio Pulmonary Resuscitation
- 4. Gastric Lavage
- 5. Setting of Ventilators
- 6. IV Cannulation
- 7. ECG
- 8. Administration of emergency IV Drugs
- 9. Application of Splints
- 10. Care of traction
- 11. Blood Administration

IV. Other procedures: